Theraplay Trainers: Level 2 Theraplay® & MIM Training 21-22-23 september 2015

SAARA SALO

Saara Salo, PhD, licenced psychotherapist, is a clinical psychologist specialized in early childhood development. She has worked over 10 years at the Helsinki University Central Hospital (HUCH) , Child Psychiatric Center for Small Children. She has been especially interested in evaluating and treating early interactional problems. She has published articles and text-books on the subject as well as supervised and trained other mental health professionals. She has led two projects aiming at standardizing psychological assesment methods for small children (Bayley-III Finnish version, FAST- Family System Test) to Finland. She has trained and co-developed a Finnish assesment protocol calleed EIS (Emotional Interaction Style) for a videotaped parent-child interaction observation called MIM (Marschak Interaction method; Marschak, 1960). Saara has been involved in bringing intervention methods (e.g., Theraplay) and observational tools to clinical work with both in high-risk samples (e.g., substance-absusing parents) as well as with other child psychiatric cases (e.g. small children’s eating disorders). Currently she doing a RCTstudy with prenatally depressed mothers. The aim is to study the effectiveness of a Theraplay based group intervention focusing on maternal sensitivity and mentalization called Nurture and Play.

BETTIE SLEEUW

Bettie Sleeuw, drs. received her Master’s degree as a developmental psychologist at the University of Utrecht in the Netherlands and completed a post-graduate training as a parental therapist. She has worked in several institutions as a psychologist for children and adults with special needs and is specialized in children with autism and low IQ. For several years she worked in a child psychiatric clinical and daycare centre and at the moment she has a private practice, where she provides Theraplay, parent consulting and psychological assessments.  She became one of the first certified Theraplay® Therapists in the Netherlands and spends a lot of time promoting Theraplay in her country. She is a Theraplay® Trainer and in training to become a Theraplay® Supervisor. She can be reached at bettie@theraplay.nl